



Appendix A: Utah Health Status by Race and Ethnicity: 2010 Summary Sheet



UTAH DEPARTMENT OF
HEALTH



**Center for
Multicultural
Health**

	Utah, Overall	American Indian/ AK Native	Asian	Black/ African Amer.	Native HI/ Pacific Islander	White	His- panic/ Latino
Demographic Context							
Proportion of the Utah Population	100.0%	1.7%	2.6%	1.5%	1.0%	91.8%	11.5%
Age Distribution (median age in years)	28.5	24.4↓	27.3↓	17.1↓	21.3↓	28.7↑	24.4↓
Life Expectancy at Birth (in years)	78.9	76.7	82.8	77.2	78.3	79.0	79.9
Poverty	10.0%	22.1%↑	14.3%↑	19.6%↑	14.4%↑	9.2%	19.5%↑
Child Poverty	11.1%	25.9%↑	11.5%	17.9%↑	15.2%	10.0%↓	24.5%↑
Health Care Services and Systems							
No Health Insurance Coverage	11.1%	17.7%↑	7.5%	7.4%	23.0%	8.0%↓	35.7%↑
Unable to Access Health Care	15.9%	38.2%↑	21.1%	21.9%↑	17.0%	15.0%	21.3%↑
No Primary Care Provider	10.9%	11.1%	14.1%	14.8%	7.0%	9.0%↓	23.0%↑
Routine Medical Checkup	71.3%	75.0%	70.0%	74.8%	79.5%↑	70.7%	74.1%
Emergency Department Point of Access	6.8%	16.7%	4.5%	11.3%	11.7%	6.8%	7.4%
Early Prenatal Care	79.1%	56.2%↓	75.2%↓	61.2%↓	48.1%↓	80.5%↑	63.4%↓
Colon Cancer Screening	50.8%	48.0%	44.9%	47.4%	55.7%	51.2%	38.0%↓
Pap Test	75.5%	64.7%	69.1%	86.5%	70.9%	75.4%	80.1%
Mammogram	67.6%	51.6%↓	67.8%	66.2%	63.1%	68.0%	66.6%
Prostate Cancer Screening	58.0%	44.1%	43.8%	59.6%	35.5%	59.8%	35.2%↓
Blood Cholesterol Screening	64.5%	50.5%↓	57.1%	46.5%	54.2%	66.6%↑	44.7%↓
Influenza Immunization, Adults	35.8%	34.6%	34.7%	35.6%	39.6%	36.7%	25.8%↓
Pneumonia Immunization, Adults 65+	67.1%	63.5%	61.2%	66.0%	60.3%	67.4%	55.3%↓

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** Asian and Native Hawaiian/Pacific Islander Combined

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Risk Factors for Illness or Injury							
Overweight or Obese	56.4%	72.5%↑	32.4%↓	66.3%↑	75.1%↑	55.9%	62.2%↑
No Physical Activity	18.6%	26.5%↑	19.3%	28.6%↑	16.1%	17.3%↓	31.1%↑
High Cholesterol	21.2%	10.1%↓	13.9%	6.1%↓	8.9%	22.4%	10.9%↓
High Blood Pressure	19.0%	20.4%	13.0%	21.1%	12.8%	19.6%	12.8%
Cigarette Smoking	10.8%	19.8%↑	9.8%	20.0%↑	13.2%	10.3%	13.3%↑
Exposure to Secondhand Smoke	3.6%	7.6%↑	2.7%	5.7%	*	3.1%	4.5%
Chronic Drinking	2.8%	6.5%	0.6%	5.3%	1.4%	2.8%	2.8%
Binge Drinking	9.0%	17.6%↑	8.7%	8.9%	13.6%	8.4%	14.7%↑
Driving Under the Influence	0.7%	2.2%	0.0%	2.7%	0.0%	0.5%	1.0%
Protective Factors for Health							
Daily Fruit Consumption	30.5%	32.2%	43.9%↑	40.0%	44.5%	30.0%	32.6%
Daily Vegetable Consumption	22.7%	15.9%	29.0%↑	17.4%	22.2%	23.4%	14.2%↓
Recommended Physical Activity	56.0%	54.7%	51.6%	45.5%	65.3%	57.0%	48.6%↓
Knowledge of Stroke Symptoms	38.4%	31.6%	22.6%↓	25.4%↓	21.5%	40.5%↑	20.8%↓
Knowledge of Heart Attack Symptoms	29.5%	24.4%	24.1%	21.2%	16.4%	31.1%↑	14.3%↓
Infectious Diseases							
Tuberculosis (Per 100,000 Population)	1.4	4.0	14.1↑	16.6↑	11.0↑	0.3↓	4.2↑
Chlamydia (Per 100,000 Population)	221.0	331.6↑	188.1	745.0↑	651.9↑	180.1↓	447.6↑
Gonorrhea (Per 100,000 Population)	17.3	12.5	18.4	158.4↑	10.3	14.6↓	26.4↑

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Health of Mothers and Infants


Infant Mortality (Per 1,000 Births)	4.5	4.7	4.5	8.4	8.8↑	4.4	5.1
Low Birth Weight	6.8%	7.8%	9.5%↑	11.4%↑	6.3%	6.7%	7.4%↑
Preterm Birth	9.7%	10.9%	9.9%	13.0%↑	10.9%	9.7%	9.6%
Obesity in Pregnancy	15.9%	27.9%↑	5.0%↓	16.6%	39.5%↑	15.6%	17.0%↑
Smoking During Pregnancy	4.0%	5.1%	1.4%	7.9%	4.4%	4.1%	1.8%↓
Gestational Diabetes	3.1%	7.2%↑	6.8%↑	2.6%	5.3%↑	2.9%	4.8%↑
Folic Acid Consumption, Women 18-44	46.2%	34.7%	44.9%	35.6%	31.8%↓	47.3%	34.6%↓
Births to Adolescents (Per 1,000 Girls 15-19)	33.8	53.1↑	23.4↓	38.1	60.1↑	34.6	113.4↑
Unintended Pregnancy	32.7%	52.0%↑	36.5%	59.1%↑	56.9%↑	31.7%	42.2%↑
Ever Breastfeeding	91.1%	70.3%↓	90.0%	90.2%*	89.5%*	91.4%	90.3%
Still Breastfeeding 2-6 Months Postpartum	67.5%	43.9%↓	66.5%	47.3%↓	45.8%↓	68.2%	51.7%↓
Postpartum Depression	13.0%	19.4%	19.8%	18.2%*	27.0%↑	12.5%	15.2%↑
Major Structural Birth Defects (Per 1,000 Births)	22.6	21.5	18.7**↓	24.9	18.7**↓	23.2↑	20.5↓
Orofacial Clefts (Per 10,000 Births)	21.4	35.2↑	20.1**	*	20.1**	21.5	20.6
Congenital Heart Defects (Per 10,000 Births)	57.5	56.6	53.9**	71.7	53.9**	57.5	58.1

Injury and Violence

Unintentional Injury Deaths (Per 100,000 Population)	27.5	39.5	13.4	18.4	26.9	27.8	20.6
Motor Vehicle Traffic Crash Deaths (Per 100,000 Population)	10.5	20.5	7.8	10.1	12.1	10.5	12.5
Poisoning Deaths (Per 100,000 Population)	15.6	17.1	6.6↓	12.3	*	16.6	8.9↓
Suicide (Per 100,000 Population)	13.6	19.2	11.7	6.6*↓	6.1*	14.2	8.0↓
Homicide (Per 100,000 Population)	2.1	10.0↑	6.6↑	7.4*↑	11.0*↑	2.0	5.8↑
Violent Deaths (Per 100,000 Population)	31.4	49.8↑	24.9↓	27.1	21.9	32.9↑	25.1↓

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Chronic Diseases and Conditions							
Fair or Poor Health	11.8%	23.2%↑	7.6%	13.8%	4.7%↓	10.6%↓	25.1%↑
Poor Physical Health Status	13.7%	19.3%↑	10.7%	8.7%	9.8%	13.8%	13.7%↑
Poor Mental Health Status	15.0%	22.5%↑	9.2%↓	16.5%	16.5%	15.0%	15.0%
Activity Limitation	18.4%	19.7%	5.2%↓	9.1%↓	9.6%↓	19.4%↑	10.3%↓
Major Depression	4.2%	5.5%	4.0%	2.6%↓	4.2%↓	4.5%	8.2%↑
Arthritis Prevalence	22.3%	27.6%↑	6.2%↓	19.7%	11.3%	23.5%	11.0%↓
Asthma Prevalence	8.1%	9.1%	3.5%↓	4.8%	8.5%	8.4%	4.4%↓
Diabetes Prevalence	5.6%	9.2%↑	3.4%	7.7%	4.7%	5.6%	5.5%↑
Diabetes Deaths (Per 100,000 Population)	43.5	40.5	24.3	33.3	52.9↑	44.1	20.8
Heart Disease Deaths (Per 100,000 Population)	110.1	43.8↓	41.9↓	49.9	56.6	114.0	27.6↓
Coronary Heart Disease Deaths (Per 100,000 Population)	59.2	27.0	22.9↓	26.7	33.4	61.2	16.5↓
Stroke Deaths (Per 100,000 Population)	28.1	14.6	19.0	12.5	23.2	28.8	9.7
Cancer							
Lung Cancer Incidence (Per 100,000 Population)	21.3	7.0	15.6**	14.1↑	15.6**	21.8	8.8
Lung Cancer Deaths (Per 100,000 Population)	17.4	7.5	12.4**	11.1	12.4**	17.8	5.6
Colorectal Cancer Incidence (Per 100,000 Population)	28.8	6.2↓	16.4**↓	13.6	16.4**↓	29.7	13.6
Colorectal Cancer Deaths (Per 100,000 Population)	10.0	*	5.9**	6.8	5.9**	10.3	3.4
Breast Cancer Incidence (Per 100,000 Female Population)	90.4	19.9↓	53.9**↓	32.6	53.9**↓	93.3	41.8↓
Breast Cancer Deaths (Per 100,000 Female Population)	18.8	5.0	11.9**	8.5	11.9**	19.4	6.3↓
Prostate Cancer Incidence (Per 100,000 Male Population)	120.2	17.3↓	45.8**↓	53.4	45.8**↓	124.9	33.9↓
Prostate Cancer Deaths (Per 100,000 Male Population)	14.8	5.0	6.5**	7.9	6.5**	15.3	3.6

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